



# Phainopepla

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**San Fernando Valley Audubon Society**  
A Chapter of National Audubon Society  
*For Nature Education and the Conservation of Wildlife*

**Vol. 69 No. 4**

**August / September 2018**

## General Membership Meetings

San Fernando Valley Arts & Cultural Center  
18312 Oxnard Street, Tarzana  
(818) 697-5525

SFVAS General Membership Meetings are held on the fourth Thursday of the month (except July, August, November, and December.) EVERYONE IS WELCOME to join us at 7:00 p.m. for refreshments; program begins at 7:20 p.m. See Calendar of Events, pages 4-5, for directions.

## SAVE THE DATE!

5th Annual BirdFest of the Santa Monica Mountains  
Saturday, November 10, 2018  
King Gillette Ranch

## Monthly Program

**Thursday, September 27, 2018, 7:00 p.m.**

**Speaker: Pat Bates**

**Topic: Put a Bird on It**

**Where: San Fernando Valley Arts & Cultural Center, 18312 Oxnard Street, Tarzana**



Pat is a long-time member of the SFV Audubon Society, intrepid leader of the monthly Hansen Dam bird walks, a director of the SFV Arts & Cultural Center as well as the Encino Neighborhood Council...and a bird lover! A member of Artist Co-Op 7 and California Art League, she is an enthusiastic photographer, as well as a versatile artist. Her work has been exhibited in many venues including Northwind Arts Center in Pt. Townsend, WA, the San Fernando Valley Arts & Cultural Center (and many other local exhibits), and can be viewed at [www.batesbird.com](http://www.batesbird.com).

The presentation will be a little bit about photography, a bit about picking references for paintings, a lot about composition in both, touching on how we go from references to canvas and the unique approach of Artist Co-Op 7 to the process. The message will be that you aren't putting the bird on a piece of paper or a canvas—you are putting your feeling about the bird and your perception of the bird on the artwork.



## Annual Pot Luck: A Fond Farewell

In case you missed our annual June Pot Luck here's a recap. The event was held in the San Fernando Valley Arts and Cultural Center, which Pat Bates prepared with amazing art from the co-op, as they were between exhibitions. Joanne and her committee, Kathy, Diana, Teri, and Lynn set up the room with picnic themed red and white checked tablecloths. The placemats were prepared by Teri and were adorably retro themed to popular children's books and cartoons. Everyone looked to be having a great time filling them out. Food was displayed with signage as to meat and meatless entrees. And dessert was a chocolate lovers dream with cupcakes and brownies. The delicious berry pies were not ignored. Of course I had to taste it all. It was sad to say goodbye to Rose as our president especially after she recounted the past year and I personally acknowledged what a difficult act she will be to follow!! The evening ended with photos, some of them being humorous and others quite artistic. All-in-all it really was a successful event and a nice kickoff to summer. See you in September. —Paula Orlovich  
*(New incoming President yet crowned Queen!)* Photos: Kathy Barton



## Thank You to Our Birdathon Donors

Many thanks to the enthusiastic Birdathon 2018 event leaders and participants, and especially to the generous donors listed below who contributed a total of **\$10,195**. These funds will enable us to continue our ongoing conservation and education programs.

### Thank you to:

- |                     |                          |                         |                        |
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# COASTAL CLEANUP DAY 2018

## At the Sepulveda Basin Wildlife Reserve



Over 700,000 people worldwide participated in last year's Coastal Cleanup Day. **Join Heal the Bay and San Fernando Valley Audubon Society on Saturday, September 15, when more than 10,000 volunteers from all over Southern California will do their part to clean up their local beaches, rivers, creeks, and parks.**

## Saturday, September 15, 2018

### 9:00 a.m. – Noon

## Be a part of this exciting event!

We will meet at the Amphitheater – come to the Japanese Gardens entrance off Woodley Avenue and follow the Heal the Bay signs.

Supplies will be provided – gloves, grabbers, bags, drinking water

Wear closed toe shoes (for safety); bring a hat and sunscreen

Please visit [www.HealTheBay.org/CCD](http://www.HealTheBay.org/CCD) to register for the event and to download the consent form—anyone under the age of 18 must have a parent/guardian sign. We will have copies at the site also. Additional information is available at [www.SFVAudubon.org](http://www.SFVAudubon.org) as well.

For more information, please contact [dave.weeshoff@sfvaudubon.org](mailto:dave.weeshoff@sfvaudubon.org) or (818) 618-1652



### Report on May and June Monthly Field Trips *by Richard Barth*

Our field trip destination on May 12 was the L.A. River at Willow Street in Long Beach, followed by a visit to DeForest Park in N. Long Beach. The only participant joining me was Jeff Boyd, an excellent birder from Long Beach. Our birding at Willow Street produced the expected fare like Black-necked Stilt, American Avocet, Killdeer, Spotted Sandpiper, four of the herons (including Green Heron) and three gull species. Other species of interest here: Long-billed Dowitcher, Gadwall (one pair), Ruddy Duck, Caspian Tern, Pied-billed Grebe and Western Grebe. DeForest Park featured migrant species Western Wood-Pewee, Pacific-slope Flycatcher, Warbling Vireo, Swainson's Thrush, Western Tanager, Black-headed Grosbeak (heard) and Hermit, Yellow, Wilson's and Townsend's Warblers. Also on hand: Say's Phoebe and Song Sparrow. Vaux's Swift and Cliff, Barn and Rough-winged Swallows foraged overhead. Our raptors for the day were Peregrine, American Kestrel and Cooper's Hawk.

We birded Rancho Sierra Vista Preserve in Ventura County on June 9. Warm, breezy weather prevailed. Some of our highlight observations: a White-tailed Kite "kiting" over the grasslands, a male Costa's Hummingbird posing on a leafless bush along the trail, several cooperative Ash-throated Flycatchers we were able to study, Blue Grosbeaks popping up here and there, one male Lazuli Bunting making a brief appearance (surprisingly difficult to find here) and Wrentits seen and heard in numerous spots. Our woodpeckers were Nuttall's and Acorn. Our swallows were Cliff, Barn, Rough-winged and Violet-green. We saw Nanday Parakeets and a fly-over flock of Amazon type parrots. Other birds on hand: California Quail, Oak Titmouse, American Kestrel, Hooded Oriole (heard), Cassin's Kingbird, Say's Phoebe, Western Bluebird, Bewick's Wren, Spotted Towhee (heard) and Common Yellowthroat. Again this year we missed target birds Grasshopper Sparrow and Greater Roadrunner. 🐦

### Audubon-at-Home *by Alan Pollack*

Please e-mail Alan Pollack, our Audubon-at-Home Chair, with any questions you have with regard to creating a wildlife-friendly garden that can be used for publication. Alan offers **FREE** consultation/landscape design to help you make your yard wildlife friendly. He also gives a **FREE**, PowerPoint slide show/lecture to community groups, high school, and college classes on attracting wildlife to your garden and sustainable gardening practices. He can be contacted at (818) 340-2347 or at [alan.pollack@sfvaudubon.org](mailto:alan.pollack@sfvaudubon.org). 🐦

# Calendar of Events

## August

**Saturday, August 4. Castaic Lake Bird Walk. 8:00 a.m.–12:00 p.m.** Directions: Take closest freeway to I-5 North and exit at Parker Road. Turn right and proceed to stop sign (Castaic Road), proceed to next stop sign (Lake Hughes Road), proceed to next stop sign (Castaic Lake Drive) and turn right. Entrance to the park is on the right. Turn right and park in the front lot. Meet at the kiosk. Leader: Roger McClure. For information, contact the staff at (661) 257-4050.

**Sunday, August 5. Sepulveda Basin Bird Walk. 8:00 a.m.** Directions: Exit the San Diego Freeway (I-405) on Burbank Blvd. Go west about one-half mile to Woodley Avenue and turn right (north). Travel about one-half mile to the second possible right turn (at sign for the Water Reclamation Plant and Japanese Garden). Turn right and go east about one-half mile to Wildlife Area parking at the end of the road. Leader: Kris Ohlenkamp. Contact him at [kris.ohlenkamp@sfvaudubon.org](mailto:kris.ohlenkamp@sfvaudubon.org) or (805) 727-5007.

**Saturday, August 11. Placerita Canyon Nature Center Docents' Bird Walk. 8:00 a.m.** Directions: Take the 405 or 5 Freeway north to the 14 Freeway. Exit the 14 at Placerita Canyon. Turn right at the end of the off ramp and continue about 1.5 miles to the park entrance. Turn right and park at the Nature Center. Various leaders. For more information, call the Nature Center at (661) 259-7721.

**Sunday, August 12. Wildwood Canyon Bird Walk, Burbank. 9:00–11:00 a.m.** Directions: From the I-5/Golden State Fwy. N: Take Exit 146A toward Olive Ave., merge onto E. Angeleno Ave. and turn left onto S. 1<sup>st</sup> Street, then take the first right onto E. Olive Ave.

From I-5/Golden State Fwy. S: Take EXIT 146A toward Verdugo Ave. Turn left onto S. Front Street, which will become E. Verdugo Ave. Turn left at the first light onto S. 1<sup>st</sup> Street then take the 3<sup>rd</sup> right onto E. Olive Ave.

Continue 1.3 miles on E. Olive through downtown Burbank and up the hill. Turn left onto N. Sunset Canyon Dr. Go 0.5 miles and turn right onto E. Harvard. Drive .4 miles skirting the golf course and meet at the entry kiosk area. Extra binoculars are available. Leader: Mike Mc Horney, (818) 845-0166.

**Saturday, August 18. Monthly Field Trip: Chilao and Buckhorn, 7:30 a.m.** Birding the San Gabriel Mountains along the Angeles Crest. Meet at the Chilao Visitor Center at 7:30 a.m. We will look for Hairy and White-headed Woodpeckers, Mountain Chickadee and many other montane species. Bring lunch and water. Directions: Take the 210 Fwy. east to Angeles Crest Highway (Hwy 2). Go north for about 45 minutes, look for the Chilao Campground signs and take the second entrance road to the Visitor Center. Your vehicle must exhibit a National Forest Adventure Pass or Golden Age Pass. Leader: Richard Barth, (310) 276-0342.

**Saturday, August 18. Santa Monica Mts. Conservancy Bird Walk at Towsley Canyon. 8:00–10:00 a.m.** Directions: Go north on I-5 through Santa Clarita, exit Calgrove and turn west (left) under the freeway and then left again on the Old Road. Watch for the sign, "Ed Davis Park at Towsley Canyon." Turn right and park in the front lot. Meet at the kiosk. Leader: Roger McClure. For further information, call (661) 252-6187.

**Sunday, August 19. Malibu Creek State Park Bird Walk. 8:00 a.m.** Meet at the second (lower) day-use parking lot. Entrance to the park is on the west side of Las Virgenes Road, just south of Mulholland Hwy. Entrance fee is \$12 per car. Leader(s): Muriel Kotin (310) 457-5796, and/or Art Langton, (818) 887-0973.

Please NOTE: The Tuesday Weekday Walk at O'Melveny Park is on summer hiatus and will resume September 18.

NO SFVAS General Membership Meeting in August. See you September 27.

**Saturday, August 25. Hansen Dam Bird Walk. 8:00 a.m. Note: Earlier start time.** We will walk along a dirt road at the base of the dam—exploring promising sites along the way and sometimes go in a different direction to the lake. Meet at the lower parking lot, Dronfield Entrance. Directions: Take Osborne exit from Golden State (5) Freeway. Go northeast about two miles passing Glenoaks Blvd. Turn right on Dronfield to enter the park. Turn right at the end of Dronfield and then take a quick left and proceed downhill to the large parking lot. Alternate directions: Exit Osborne from the eastbound Foothill Freeway (210). At the off ramp, turn right onto Foothill. After a short distance, turn left on Osborne and then left on Dronfield. Follow above directions to the lower parking lot. Rain cancels. Leader: Pat Bates (818) 425-0962, [pat.bates@sfvaudubon.org](mailto:pat.bates@sfvaudubon.org).

**Saturday, August 25. Young Birders Group Bird Walk: Sepulveda Basin. 9:00 a.m.** Directions: Exit the San Diego Freeway (I-405) on Burbank Blvd. Go west about one-half mile to Woodley Avenue and turn right (north). Travel about one-half mile to the second possible right turn (at sign for the Water Reclamation Plant and Japanese Garden). Turn right and go east about one-half mile to Wildlife Area parking at the end of the road. Leader(s) Alexander and/or Olivia. For more information on meeting location please e-mail Rose Leibowitz at [roselbirds@gmail.com](mailto:roselbirds@gmail.com), or call (818) 990-5405.

## September

**Saturday, September 1. Castaic Lake Bird Walk. 8:00 a.m.–12:00 p.m.** Directions: Take closest freeway to I-5 North and exit at Parker Road. Turn right and proceed to stop sign (Castaic Road), proceed to next stop sign (Lake Hughes Road), proceed to next stop sign (Castaic Lake Drive) and turn right. Entrance to the park is on the right. Turn right and park in the front lot. Meet at the kiosk. Leader: Roger McClure. For information, contact the staff at (661) 257-4050.

**Sunday, September 2. Sepulveda Basin Bird Walk. 8:00–11:30 a.m.** Directions: Exit the San Diego Freeway (I-405) on Burbank Blvd. Go west about one-half mile to Woodley Avenue and turn right (north). Travel about one-half mile to the second possible right turn (at sign for the Water Reclamation Plant and Japanese Garden). Turn right and go east about one-half mile to Wildlife Area parking at the end of the road. Leader: Kris Ohlenkamp. Contact him at [kris.ohlenkamp@sfvaudubon.org](mailto:kris.ohlenkamp@sfvaudubon.org) or (805) 727-5007.

**Saturday, September 8. Placerita Canyon Bird Walk. 8:00 a.m.** Directions: Take the 405 or 5 Freeway north to the 14 Freeway. Exit the 14 at Placerita Canyon. Turn right at the end of the off ramp and continue about 1.5 miles to the park entrance. Turn right and park at the Nature Center. Leader: Roger McClure. For more information, call the Nature Center at (661) 259-7721.

**Sunday, September 9. Wildwood Canyon Bird Walk, Burbank. 9:00–11:00 a.m.** Directions: From the I-5/Golden State Fwy. N: Take Exit 146A toward Olive Ave., merge onto E. Angeleno Ave. and turn left onto S. 1<sup>st</sup> Street, then take the first right onto E. Olive Ave.

From I-5/Golden State Fwy. S: Take EXIT 146A toward Verdugo Ave. Turn left onto S. Front Street, which will become E. Verdugo Ave. Turn left at the first light onto S. 1st Street then take the 3rd right onto E. Olive Ave.

Continue 1.3 miles on E. Olive through downtown Burbank and up the hill. Turn left onto N. Sunset Canyon Dr. Go 0.5 miles and turn right onto E. Harvard. Drive .4 miles skirting the golf course and meet at the entry kiosk area. Extra binoculars are available. Leader: Mike Mc Horney, (818) 845-0166.

**Saturday, September 15. Coastal Cleanup Day at the Sepulveda Basin. 9:00—Noon.** We will meet at the Amphitheater—come to the Japanese Gardens entrance off Woodley Avenue and follow the Heal the Bay signs. See page 3 for details on registering. For more information, please contact [dave.weeshoff@sfvadubon.org](mailto:dave.weeshoff@sfvadubon.org) or (818) 618-1652.

**Saturday, September 15. Santa Monica Mts. Conservancy Bird Walk at Towsley Canyon. 8:00–10:00 a.m.** Directions: Go north on I-5 through Santa Clarita, exit Calgrove and turn west (left) under the freeway and then left again on the Old Road. Watch for the sign, “Ed Davis Park at Towsley Canyon.” Turn right and park in the front lot. Meet at the kiosk. Leader: Roger McClure. For further information, call (661) 252-6187.

**Saturday, September 15. Monthly Field Trip: Huntington Central Park and Bolsa Chica Ecological Reserve in Huntington Beach, 7:30 a.m.** Meet at the Slater Avenue parking lot at 7:30 a.m. Directions from the San Fernando Valley: Take the San Diego Freeway (405) south and exit at Golden West. Go south approximately three miles on Golden West to Slater. Turn left on Slater to the parking lot on the right. Bring lunch. We will picnic at the park and afterwards caravan to Bolsa Chica. Leader: Richard Barth, (310) 276-0342.

**Sunday, September 16. Malibu Creek State Park Bird Walk. 8:00 a.m.** Meet at the second (lower) day-use parking lot. Entrance to the park is on the west side of Las Virgenes Road, just south of Mulholland Hwy. Entrance fee is \$12 per car. Leader(s): Muriel Kotin (310) 457-5796 and/or Art Langton, (818) 887-0973.

**Tuesday, September 18. Weekday Walk at O’Melveny Park, Granada Hills. 9:00 a.m.** Directions: Take the 118/Ronald Reagan Freeway and exit at Balboa Blvd. Turn north, driving two miles to Sesnon, turn left going west 0.6 miles, turn right at park entrance. Meet in the parking lot. RAIN CANCELS. Contact Carolyn Oppenheimer at (818) 885-7493 (before 7 p.m.), or [carolyn.oppenheimer@sfvadubon.org](mailto:carolyn.oppenheimer@sfvadubon.org).

**Saturday, September 22. SFVAS Hansen Dam Bird Walk. 8:00 a.m.** We will walk along a dirt road at the base of the dam—exploring promising sites along the way and sometimes go in a different direction to the lake. Meet at the lower parking lot, Dronfield Entrance. Directions: Take Osborne exit from Golden State (5) Freeway. Go northeast about two miles passing Glenoaks Blvd. Turn right on Dronfield to enter the park. Turn right at the end of Dronfield and then take a quick left and proceed downhill to the large parking lot. Alternate directions: Exit Osborne from the eastbound Foothill Freeway (210). At the off ramp, turn right onto Foothill. After a short distance, turn left on Osborne and then left on Dronfield. Follow above directions to the lower parking lot. Rain cancels. Leader: Pat Bates (818) 425-0962, [pat.bates@sfvadubon.org](mailto:pat.bates@sfvadubon.org).

**Saturday, September 22. Young Birders Group Bird Walk: O’Melveny Park. 9:00 a.m. Date Change-See Events Calendar** 17300 Sesnon Boulevard, Granada Hills, CA 91344. The Young Birders Group walks are for young birders who are serious about birding, know some birds, and are willing to learn. All are welcome to join! Directions: Take the 118/Ronald Reagan Freeway and exit at Balboa Blvd. Turn north, driving two miles to Sesnon, turn left going west 0.6 miles, turn right at park entrance. Meet in the parking lot. Leader(s) Alexander and/or Olivia.

For more information, please e-mail Rose Leibowitz at [roselbirds@gmail.com](mailto:roselbirds@gmail.com), or call (818) 990-5405.

**Monday, September 24. SFVAS Board Meeting. 7:00 p.m.** San Fernando Valley Arts & Cultural Center, 18323 Oxnard St., Tarzana. It is located between White Oak & Reseda. It is recommended to approach on Etiwanda Ave. and turn into the parking area up the alley behind the center.

**Thursday, September 27. SFVAS General Membership Meeting. 7:00 p.m. Speaker: Pat Bates, TOPIC: Put a Bird on It.** Join us for an interesting evening to learn a bit about photography, composition, and painting. For more information, see Monthly Program, page one. **Location: San Fernando Valley Arts & Cultural Center, 18312 Oxnard Street, Tarzana, CA. (818) 697-5525.** Directions: Located between White Oak and Reseda Blvd. In order to park, it is recommended to go on Etiwanda Avenue and turn into the parking area up the alley behind the center. ALL are welcome!

**Future Field Trips (details later):**

**October 20. El Dorado Park in Long Beach**

**November 17. Ventura Harbor and Water Treatment Ponds** 🐦

## 2018 Audubon California Advocacy Day

2018 - The Year of The Bird and the 100th anniversary of the Migratory Bird Treaty Act were at the forefront of the message Audubon activists from all over California shared with elected representatives at the State Capitol on June 20. It was my third year to participate in Advocacy Day, and as always, was productive and enjoyable.

Chapter members, including myself and Audubon California staff—nearly 70 in all—took part in 57 meetings with legislators and/or their legislative staff. During breaks between meetings, some of the 14 groups dropped in on hearings, checked out the Senate and Assembly chambers, went birding in the park and caught up with Auduboners from across the state.

As passionate advocates, we pushed for protections for migratory birds, protecting our coasts and public lands from oil spills, expanding opportunities for environmental education, and protecting important habitat for birds and people during meetings with legislators, including those from the San Fernando Valley and the greater Southern California area. We also thanked all who assisted in supporting the passage of Proposition 68 on the June ballot.

Through all these efforts we established our credibility and willingness to work with legislators on both sides of the aisle in furtherance of wildlife conservation, habitat protections, and especially protecting and expanding bird protections.

It was also a great chance to connect with colleagues and chapter members from all over the state. Many fellow Audubon chapter members found spending the day getting to know each other and members of Audubon California staff inspirational.

It was a great day for saving birds.—*Dave Weeshoff, Conservation Chair*

## Conservation Corner

—Submitted by Dave Weeshoff

### 8 Ways to Reduce your Plastic Waste

If there's one material we can't seem to live without, it's plastic. And there's a reason for that: It's cheap, durable, and lightweight, making it perfect for everything from iPhones to eyewear.

But what makes plastic so useful for humans is exactly what makes it a nasty environmental contaminant – it spreads easily and takes forever to degrade, finding its way to our lands and oceans where it wreaks havoc on wildlife. To date, at least [700](#) species of marine animals – pelicans, albatrosses, fulmars, petrels, shearwaters and shorebirds, as well as turtles dolphins and whales, have been entangled by plastic or mistaken it for food. The result is often entanglement, [suffocation or starvation](#).

Since the 1950s, when single-use plastic products became cheap, we've generated 8.3 billion metric tons of the stuff, of which a scant nine percent has been recycled. And by 2050, [scientists predict](#) the oceans will stock more plastic than fish.

But as problematic and worrisome as all of this is, completely cutting plastic from our lives is impossible at this point. Reducing your plastic use, however, is surprisingly easy and pain-free. You're not going to end the problem overnight, but here are some simple tricks to waste less.

#### 1. Cut Out Plastic Cutlery—Especially When Ordering In

If you're ordering takeout in person or over the phone, ask the restaurant to skip the plastic flatware.

#### 2. Party Plastic-Free

One great way to reduce plastic waste is to simply use real glasses, cups and other tableware.

#### 3. Say Bye Bye to Balloons

Many balloons are made of plastic, and when they get away, they can travel for [thousands of miles](#) before touching down. Some birds mistake them for food, and others mistake them (or their ribbons) for nesting material.

Birds aren't the only animals that balloons harm either; they pose dangers to all other manners of wildlife, including turtles and whales.

#### 4. Take Advantage of Tap Water

Evian. Fuji. Smart Water. They all sound special—but are they really any healthier or tastier than tap water? In most parts of the world with public, potable water, tap is just as safe to drink as the stuff that comes in plastics. So how can you take advantage of this incredible public resource? Find a reusable bottle that you love, and don't let it leave your side.

#### 5. Skip the Plastic Straws

Ah, the humble straw: American staple, transporter of sodas and iced coffee, an entertaining bubble machine—and also threat to wildlife, as anyone who's seen an [impaled sea turtle](#) can attest.

If you don't need these suckers, don't use them. Tell your server to skip the straws as soon as you sit down at a restaurant, or use a refillable cup at your local coffee shop.

#### 6. Buy Bulk Foods

Food and packaging containers account for [nearly half](#) of all trash in landfills, according to the EPA, and buying bulk can help stem that stream.

#### 7. Get Better at Recycling

While everyone knows they should be recycling by now, even the best of us still don't always get it right.

Turns out, we recycle only a fraction of the plastic waste we produce, even bottles with redemption value, and that's partly due to poor recycling techniques. You do, in fact, need to rinse out your containers, for example. Otherwise they might contaminate plastics around them and end up in a landfill. Also, avoid tossing out recycling in a used plastic bag. What might seem like a smart twofer turns out to be potentially damaging to [recycling machinery](#).

#### 8. Actually Remember Your Reusable Bag

You probably already have plenty of reusable bags, but the tricky part is remembering to take them anywhere. If you're worried you'll forget them, just add "reusable bag" to your shopping list. 🍷

# SAN FERNANDO VALLEY AUDUBON SOCIETY

## EXECUTIVE OFFICERS

President: Paula Orlovich (818) 481-5605  
 1<sup>st</sup> Vice President: Teri Carnesciali (818) 892-5029  
 2<sup>nd</sup> Vice President: Becky Arntzen (818) 761-6692  
 Treasurer: Jim Houghton (818) 784-4077  
 Corresponding Secretary: Lynn Maddox (818) 845-4688  
 Recording Secretary: Kathy Barton (818) 929-2516

## DIRECTORS

Felipe Lepe (818) 536-2069  
 Diana Keeney (818) 998-3216  
 Barbara Heidemann unpublished  
 Joanne Millius (818) 335-5331  
 Bonnie Flamer (818) 990-8877  
 Benny Jacobs-Schwarz (818) 939-9913

## STANDING COMMITTEE CHAIRPERSONS

Bird Boxes: Carolyn Oppenheimer (818) 885-7493  
 Bird Observatory: Mark Osokow unpublished  
 Community Outreach: Sharon Ford (818) 780-5816  
 Conservation: Dave Weeshoff (818) 618-1652  
 Editor *Phainopepla*: Rebecca LeVine (818) 776-0881  
 Finance: Pat Avery (626) 840-8226  
 Youth Activities: Muriel Kotin (310) 457-5796

## SPECIAL COMMITTEES

Audubon-at-Home: Alan Pollack (818) 340-2347  
 BirdFest: Rose Leibowitz (818) 990-5405  
 Birdathon: Becky Arntzen (818) 761-6692  
 Christmas Bird Count: Jim Moore (661) 298-1130  
 Conservation Banquet: Becky Arntzen (818) 761-6692  
 Paula Orlovich (818) 728-9838  
 Education Classroom: Dave Weeshoff (818) 618-1652  
 Education-SBEEP: Paula Orlovich (818) 728-9838  
 Field Trips: Richard Barth (310) 276-0342  
 Hansen Dam Rep: Dave Weeshoff (818) 618-1652  
 Hansen Dam Walks: Pat Bates (818) 425-0962  
 Hospitality: Teri Carnesciali (818) 892-5029  
 Malibu Creek Bird Walk: Muriel Kotin (310) 457-5796  
 Art Langton (818) 887-0973  
 Membership: Lynn Maddox (818) 845-4688  
 O'Melveny Bird Walk: Carolyn Oppenheimer (818) 885-7493  
 OneWaterLA Group Rep.: Mark Osokow unpublished  
 Photo of the Month: Kathy Barton (818) 929-2516  
 Programs: Joanne Millius (818) 335-5331  
 Sales & Service: Diana Keeney (818) 998-3216  
 Scholarships and Grants: Jim Houghton (818) 784-4077  
 Sepulveda Basin Steering: Muriel Kotin (310) 457-5796  
 Sepulveda Bird Walks: Kris Ohlenkamp (805) 727-5007  
 Social Media: Jim Houghton (818) 784-4077  
 SSFL Special Representative: Mark Osokow unpublished  
 Web Coordinator: Jim Houghton (818) 784-4077  
 Young Birders Group: Rose Leibowitz (818) 990-5405

For Chapter leaders' e-mail addresses, see our website:

[www.SFVAudubon.org](http://www.SFVAudubon.org)

Follow us on:



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Twitter #sfvaudubon

Like us on  Facebook

Found and injured animal? Call Wildlife Rescue Center at (818) 222-2658

TO BECOME A MEMBER AND/OR RENEW  
 ONLINE GO TO

<https://www.sfvaudubon.org/membership/>

It's fast, secure, and saves time and paper!

Or mail this form and include a check made payable to:

SFV Audubon Society  
 Attn: Membership  
 P.O. Box 7769  
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The *PHAINOPEPLA*, published six times a year, is the newsletter of the San Fernando Valley Audubon Society, P.O. Box 7769, Van Nuys, CA 91409. San Fernando Valley Audubon Society is a chapter of the National Audubon Society, a non-profit conservation/education organization, and is dedicated to "the conservation of wildlife and natural resources."

Articles, letters, drawings, and photographs concerning conservation, ecology, birding, chapter activities, and articles of interest to the membership are welcome for publication in the *PHAINOPEPLA*.

Material from other newsletters or newspapers should include the source and date. Copy for the *PHAINOPEPLA* should be in the hands of the editor by the 3<sup>rd</sup> of the month to be included in the following month's newsletter.

**Membership to National Audubon is separate and can be initiated on the website [www.Audubon.org](http://www.Audubon.org).**

If you have any questions about membership, renewals, change of address or any other membership concerns, please contact Lynn Maddox at (818) 845-4688 or e-mail her at [Lynn.Maddox@sfvaudubon.org](mailto:Lynn.Maddox@sfvaudubon.org).

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# Phainopepla

San Fernando Valley Audubon Society  
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## ***Phainopepla*** Photo of the Month

***By Bonnie Flamer***

**Forster's Tern**

**Bolsa Chica**

**Nikon D 7100, 28-300 lens, ISO 1500, 1/200 sec at f8**

This month's photo is by Bonnie Flamer, one of two new members of the Board of Directors of the San Fernando Valley Audubon Society, and as you can see, a very talented wildlife photographer! Bonnie writes that she and a friend "went to Bolsa Chica and just missed low tide. Because of the time of year there were not a lot of birds there, except for the Forster's Terns which were still numerous and feeding their fledglings. I love shooting from the bridge there as it allows for the birds to fly close and directly at or over you."



Do you have an interesting photo of a bird taken in/near the San Fernando Valley? Please submit your photos to [kathy.Barton@sfaudubon.org](mailto:kathy.Barton@sfaudubon.org). Or you can post to our Facebook page: [www.facebook.com/sfaudubon](http://www.facebook.com/sfaudubon). Please include location, date, camera and lens info, a short account of how the photo was taken, and a profile of the photographer.